

# Danielle M. Morabito

Department of Psychology  
Florida State University  
Tallahassee, FL 32304  
Morabito@psy.fsu.edu

## Education

Florida State University, Tallahassee, FL Clinical Psychology Doctoral Student Major Professor: Norman B. Schmidt, Ph.D.	Current
University of Miami, Coral Gables, FL Bachelor of Arts, Psychology & Criminology; Minor in Political Science <i>Summa Cum Laude</i> with Departmental Honors	05/2015

## Peer Reviewed Manuscripts

18. Schmidt, N.B., **Morabito, D.M.**, Mathes, B.M., & Martin, A. (2021). Anxiety sensitivity prospectively predicts pandemic-related distress. *Journal of Affective Disorders*. <https://doi.org/10.1016/j.jad.2021.05.124>
17. **Morabito, D.M.**, Bedford, C.E., Woller, S., & Schmidt, N.B. (2021). Vulnerability to COVID-19 related disability: The impact of posttraumatic stress symptoms on psychosocial impairment during the pandemic. *Journal of Traumatic Stress*. <http://doi.org/10.1002/jts.22717>
16. **Morabito, D.M.**, Burani, K., & Hajcak, G. (2021). Depressive symptoms prospectively predicts peer victimization: A longitudinal study among adolescent females. *Child Psychiatry & Human Development*. <https://doi.org/10.1007/s10578-020-01100-7>
15. **Morabito, D.M.**, Mathes, B.M., & Schmidt N.B. (2020). The impact of two brief web-based psychological interventions on functional outcomes. *Cognitive Therapy and Research*, 44, 1068-1076. <https://doi.org/10.1007/s10608-020-10144-x>
14. Mathes, B.M., Kennedy, G.A., **Morabito, D.M.**, Martin, A., Bedford, C.E., & Schmidt, N.B. (2020). A longitudinal investigation of the association between rumination, hostility, and posttraumatic stress disorder symptoms among trauma-exposed individuals. *Journal of Affective Disorders*, 277, 322-328. <https://doi.org/10.1016/j.jad.2020.08.029>
13. **Morabito, D.M.**, Boffa, J.W., Bedford, C.E., Chen, J.P., & Schmidt, N.B. (2020) Hyperarousal symptoms and perceived burdensomeness interact to predict suicidal ideation among trauma-exposed individuals. *Journal of Psychiatric Research*, 130, 218-223. <https://doi.org/10.1016/j.jpsychires.2020.07.029>
12. Preston, T.J., **Morabito, D.M.**, Albanese, B.J., & Schmidt, N.B. (2020) Distress intolerance mediates attentional control on posttraumatic stress symptoms: Evidence from two clinical samples. *Journal of Psychiatric Research*, 130, 447-454. <https://doi.org/10.1016/j.jpsychires.2020.06.018>
11. Oglesby, M.E., Short, N.A., **Morabito, D.**, & Schmidt, N.B. (2020) Prospective associations between intolerance of uncertainty and psychopathology. *Personality and Individual Differences*, 166. <https://doi.org/10.1016/j.paid.2020.110210>

10. Short N.A., **Morabito D.M.**, & Gilmore A.K. (2020). Secondary prevention for posttraumatic stress and related symptoms among women who experienced recent sexual assault: a systematic review and meta-analysis. *Depression and Anxiety*, 37, 1047-1059. <https://doi.org/10.1002/da.23030>
9. Mathes, B.M., Quick, A.D., Albanese, B.J., **Morabito, D.M.**, Bedford, C.E., & Schmidt, N.B. (2020). Hostility and suicide risk among Veterans: the mediating role of perceived burdensomeness. *Cognitive Therapy and Research*, 44, 636-644. <https://doi.org/10.1007/s10608-020-10082-8>
8. Mathes, B.M., **Morabito, D.M.**, & Schmidt, N.B. (2019). Epidemiological and clinical gender differences in obsessive compulsive disorder. *Current Psychiatry Reports*, 21(36). <https://doi.org/10.1007/s11920-019-1015-2>
7. **Morabito, D.M.**, Babson K.A., Badour, C.L., & Feldner, M.T. (2019). Unique and Interactive Relations among Posttraumatic Stress, Distress Tolerance, and Anger Responding to Traumatic Event Cues. *Journal of Experimental Psychopathology*. <https://doi.org/10.1177/2043808719831472>
6. Meffert, B.N., Loflin M.J, **Morabito, D.M.**, Sottile, J., Heinz, A.J. (2019). Navigating Blind in the Green Rush: Clinical Considerations and Harm Reduction Practices for Cannabis. *Current Drug Research Reviews*, 11(1), 3-11. <https://doi.org/10.2174/2589977511666181109153958>
5. Meffert, B.N., **Morabito, D.M.**, Sawicki, D.A., Hausman, C., Southwick, S.M., Pietrzak, R.H., & Heinz, A.J. (2019). US veterans who do and do not utilize VA healthcare services: Demographic, military, medical, and psychosocial characteristics. *The Primary Care Companion for CNS Disorders*, 21(1). <https://doi.org/10.4088/PCC.18m02350>
4. Babson, K.A., Wong, A., **Morabito, D.M.**, & Kimerling, R. (2018). Insomnia symptoms among female veterans: Prevalence, risk factors, and the impact on psychosocial functioning and health care utilization. *Journal of Clinical Sleep Medicine*, 14(6), 931-939. <https://doi.org/10.5664/jcsm.7154>
3. Babson, K.A., Sottile, J., & **Morabito, D.M.** (2017). Cannabis, cannabinoids and sleep: A review of the literature. *Current Psychiatry Reports*, 19(4), 23. <https://doi.org/10.1007/s11920-017-0775-9>
2. **Morabito, D.M.**, Soyster, P., Ramey-Wright, S., Belendiuk, K.A., & Bonn-Miller, M.O. (2016). A review of recent advances in the therapeutic uses of secondary cannabinoids. *Current Addiction Reports*, 3, 230-238. <https://doi.org/10.1007/s40429-016-0096-9>
1. Arditte, K.A., **Morabito, D.M.**, Shaw, A.M., & Timpano, K.R. (2016). Interpersonal risk for suicide in social anxiety: The roles of shame and depression. *Psychiatry Research*, 239, 139-144. <https://doi.org/10.1016/j.psychres.2016.03.017>

### Oral Presentations

5. Mathes, B.M., Bedford, C.E., **Morabito, D.M.**, & Schmidt, N.B. (2020, November). *Effects of a brief intervention for interpersonal needs on alcohol use*. In B.M. Mathes and K.A. McDermott (Co-chairs), Social relationships and addictive behaviors: a transdiagnostic perspective. Symposium presented at the 54<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
4. **Morabito, D.M.**, Mackintosh, M.A., & Cloitre, M. (2018, November) *Therapeutic alliance as a mediator of PTSD symptoms in skills training in affective and interpersonal regulation (STAIR) versus supportive counseling (SC)* In Carmen McLean (Chair), *How do different PTSD treatments work? Clues from mediation research*. Symposium presented at the

- 52<sup>nd</sup> Annual Convention of the Association for Cognitive and Behavioral Therapies (ABCT), Washington DC.
3. Cloitre, M., Oritgo, K., **Morabito, D.M.**, Crowley, J., Mackintosh, M.A., Lindsay, J., & Jackson, L.C. (2018, November) *Increasing access to care for women veterans with MST: web-based in-home coaching for trauma related problems* In Amanda Stewart (Chair), Cognitive-behavioral technological interventions: A focus on military populations. Symposium presented at the 52<sup>nd</sup> Annual Convention of the Association for Cognitive and Behavioral Therapies (ABCT), Washington DC.
  2. Meffert, B.N., **Morabito, D.M.**, Sawicki, D.A., Hausman, C., Southwick, S.M., Pietrzak, R.H., & Heinz, A.J. (2018, May). *U.S. veterans who do and do not utilize VA healthcare services: Demographic, military, medical, and psychosocial characteristics*. Paper presented at the 5<sup>th</sup> annual Health Services Research Conference, VA Palo Alto Healthcare System, Menlo Park, CA.
  1. Babson, K.A., Wong, A., **Morabito, D.M.**, & Kimerling, R. (2016, June). *Prevalence and associated risk factors of insomnia among female veterans*. Paper presented at the 30<sup>th</sup> Annual Meeting of the Associated Professional Sleep Societies, LLC (SLEEP), Denver, Colorado.

### **Poster Presentations**

28. Schubert, F.T., **Morabito, D.M.**, Zappi, C.V., Matoska, C.T., & Schmidt, N.B. (2021, November). *Problematic cannabis use in the COVID-19 pandemic: The role of intolerance of uncertainty*. Poster accepted for presentation at the 55<sup>th</sup> annual meeting of the Association of Behavioral and Cognitive Therapies, New Orleans, L.A.
27. Froelich, J.M., **Morabito, D.M.**, Speicher, S., & Cloitre M. (2021, November). *Emotion Regulation as a Predictor of Improvement in Functional Impairment and PTSD Symptom Severity during Treatment – Data from webSTAIR*. Poster accepted for presentation at the 55<sup>th</sup> annual meeting of the Association of Behavioral and Cognitive Therapies, New Orleans, L.A.
26. **Morabito, D.M.**, & Schmidt, N.B. (2021, November). *Building Stronger Allies: Efficacy of a brief web-based intervention targeting interpersonal risk factors for suicide among active-duty military*. Poster accepted for presentation at the 55<sup>th</sup> annual meeting of the Association of Behavioral and Cognitive Therapies, New Orleans, L.A.
25. \*Day, K., **Morabito, D.M.**, & Schmidt, N.B. (2021, April). *Impact of a Brief Web-Based Interpersonal Intervention on Alcohol Use Problems Among Active-Duty Military*. Poster presented at the Undergraduate Research Symposium, Florida State University, Tallahassee, FL.
24. \*Parisi, N., **Morabito, D.M.**, & Schmidt, N.B. (2021, April). *Development and evaluation of a web application targeting interpersonal risk factors for suicide*. Poster presented at the Undergraduate Research Symposium, Florida State University, Tallahassee, FL.
23. Froelich, J., **Morabito, D.M.**, & Cloitre, M. (2020, November). *Comparison of ITQ and PCL-5 in predicting functional impairment among female veterans*. Poster presented at the 36<sup>th</sup> annual meeting of the International Society for Traumatic Stress Studies (ISTSS), Virtual.
22. **Morabito, D.M.**, & Schmidt, N.B. (2020, November). *Impact of a brief web-based intervention for anxiety sensitivity on social functioning*. Poster presented at the 54<sup>th</sup> annual meeting of the Association of Behavioral and Cognitive Therapies, Philadelphia, P.A.

21. \*Crisafulli, A., \*Padgett, E., **Morabito, D.M.**, & Schmidt, N.B. (2020, April). *Interactive effects of anxiety sensitivity and trauma type on OC symptoms in a trauma-exposed community sample*. Poster presented at the Undergraduate Research Symposium, Florida State University, Tallahassee, FL.
20. \*Matoska, C.T., \*Zappi, C.V., **Morabito, D.M.**, Preston, T.J., & Schmidt, N.B. (2020, February). *Impact of a brief web-based anxiety sensitivity intervention on alcohol use problems*. Poster presented at the Florida Undergraduate Research Conference, Fort Meyers, FL.
19. **Morabito, D.M.**, Bedford, C.E., Boffa, J.W., & Schmidt, N.B. (2019, November). *PTSD hyperarousal symptoms interact with perceived burdensomeness to predict suicidality*. Poster presented at the 53rd annual meeting of the Association of Behavioral and Cognitive Therapies, Atlanta, G.A.
18. **Morabito, D.M.**, Ortigo, K., Mackintosh, M.A., & Cloitre, M. (2018, November). *Unique associations between PTSD, reduced self-compassion, and co-morbid OCD symptoms among women with a history of interpersonal violence*. Poster presented at the 34<sup>th</sup> Annual Meeting of the International Society for Traumatic Stress Studies (ISTSS), Washington DC.
17. Meffert, B.N., **Morabito, D.M.**, Southwick, S.M., Pietrzak, R.H., & Heinz, A.J. (2018, November). *The interactive effects of age of worst trauma and trauma burden on resilience, physical health, and suicidality: Results from the National Health and Resilience in Veterans Study*. Poster presented at the 52<sup>nd</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
16. Hausman C., Meffert B, **Morabito, D. M.**, Sawicki D, Regala S., Southwick S., Pietrzak R. H., & Heinz A. J. (2018, September). *Protective factors related to suicide risk and purpose in life among female United States military veterans*. Poster presented at the 17<sup>th</sup> European Symposium on Suicide & Suicidal Behaviour. Evergem, Belgium.
15. Meffert, B.N., **Morabito, D.M.**, Sawicki, D.A., Regala, S., Hausman, C., Southwick, S.M, Pietrzak, R.H., Heinz, A.J., (2018, May). *U.S. veterans who do and do not utilize VA healthcare services: Demographic, military, medical, and psychosocial characteristics*. Poster presented at the 30<sup>th</sup> annual Convention of the Association for Psychological Science, San Francisco, CA.
14. **Morabito, D.M.**, Ortigo, K., Jackson, L.C., Crowley, J., Lindsay, J., & Cloitre, M. (2017, November) *webSTAIR enterprise wide initiative: Implementation and quality improvement of web-based treatment for rural women veterans with military sexual trauma*. Poster presented at the 33<sup>rd</sup> Annual Meeting of the International Society for Traumatic Stress Studies (ISTSS), Chicago, Illinois.
13. **Morabito, D.M.**, Babson, K.A., & Woodward, S.H. (2017, November) *The Impact of Posttraumatic stress and insomnia on interpersonal functioning among veterans with cannabis use disorder*. Poster presented at the 33<sup>rd</sup> Annual Meeting of the International Society for Traumatic Stress Studies (ISTSS), Chicago, Illinois.
12. Sottile, J., Babson, K., **Morabito, D.M.**, Loflin, M., & Bonn-Miller, M. (2017, June). *Coping-oriented cannabis use interacts with PTSD symptoms to predict veteran psychosocial functioning*. Poster presented at the 79th annual meeting of the College on Problems of Drug Dependence (CPDD), Montreal, QC, Canada.
11. Babson, K. A., **Morabito, D.M.**, & Bonn-Miller, M.O. (2017, June). *Fear of sleep moderates the relation between insomnia and cannabis use frequency among veterans*. Poster presented at the 31<sup>st</sup> annual meeting of the Associated Professional Sleep Societies, LLC (SLEEP), Boston, MA.

10. **Morabito, D.M.**, Babson, K.A., Romero, I.E., Meffert, B., Badour, C.L. & Bonn-Miller, M.O. (2017, April) *Unique and interactive effects of social anxiety symptoms and self-disgust on problematic cannabis use*. Poster presented at the 37th Annual Meeting of the Anxiety and Depression Association of America (ADAA), San Francisco, CA
9. \*Romero, I. E., Babson, K.A., Loflin, M., **Morabito, D.M.**, Sottile, J., Hyke, T., & Bonn-Miller, M.O. (2017, April) *The use of medical cannabis as a replacement for alcohol and its impact on PTSD symptoms among veterans*. Poster presented at the 37th Annual Meeting of the Anxiety and Depression Association of America (ADAA), San Francisco, CA
8. **Morabito, D.M.**, Babson, K.A., Badour, C.L. & Feldner, M.T. (2016, November) *Interactive effects of PTSD symptom severity and distress tolerance on anger response to script driven imagery*. Poster presented at the 32<sup>nd</sup> Annual Meeting of the International Society for Traumatic Stress Studies (ISTSS), Dallas, Texas.
7. **Morabito, D.M.**, Babson, K.A., Feldner, M.T., Tiet, Q., Dutton, C., Roth, W., Wolfe, N. & Bonn-Miller, M.O. (2016, November). *Kicking the habit: The development of a mobile app to address substance use disorders (SUDs) among veterans with posttraumatic stress disorder (PTSD)*. Poster presented at the 32<sup>nd</sup> Annual Meeting of the International Society for Traumatic Stress Studies (ISTSS), Dallas, Texas.
6. Babson, K.A., Wong, A., **Morabito, D.M.**, & Kimerling, R. (2016, June). *Prevalence and associated risk factors of insomnia among female veterans*. Poster presented at the 30th Annual Meeting of the Associated Professional Sleep Societies, LLC (SLEEP), Denver, CO.
5. **Morabito, D.M.**, Soyster, P., Ramey-Wright, S., Belendiuk, K., & Bonn-Miller, M. (2015, October). *A review of recent advances in the therapeutic uses of cannabinoids*. Poster presented at the California Society of Addiction Medicine State of the Art Conference (CSAM), San Francisco, CA.
4. **Morabito, D.M.**, Arditte, K.A., Shaw, A.M., & Timpano, K.R. (2015, April). *Social anxiety, interpersonal suicide risk, and the mediating role of shame*. Poster presented at the 35<sup>th</sup> Annual Meeting of the Anxiety and Depression Association of America (ADAA), Miami, FL.
3. **Morabito, D.M.**, Arditte, K.A., Shaw, A.M., & Timpano, K.R. (2015, March). *Social anxiety, interpersonal suicide risk, and the mediating role of shame*. Poster presented at the University of Miami Research Creativity and Innovation Forum, Coral Gables, FL.
2. **Morabito, D.M.**, Arditte, K.A., & Timpano, K.R. (2014, July). *Social anxiety, shame, and interpersonal suicide risk*. Poster presented at the University of Miami Psychology Department Poster Session, Coral Gables, FL.
1. Shaw, A. M., **Morabito, D.M.**, Arditte, K.A. & Timpano, K.R. (2014, November). *Affect intolerance and obsessive-compulsive symptoms: A structural equation modeling approach*. Poster presented at the 48<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Philadelphia, PA.

\*Undergraduate or Postbaccalaureate Mentee

### Research Experience

**Assistant Director of Research**

06/2020-Present

Anxiety and Behavioral Health Clinic

Supervisor: Norman B. Schmidt, Ph.D.

Duties: Management of lab documentation for the IRB, Human Research Protections Office (HRPO), MSRC, and ClinicalTrials.gov; supervise and meet with research staff weekly; mentor and meet regularly with junior graduate students; coordinate lab research screening and subject pool credits; compile and update graduate student resources; manage lab databases and publication lists.

**Graduate Research Assistant**

08/2018-Present

Anxiety and Behavioral Health Clinic, Florida State University, Tallahassee, FL

Supervisor: Norman B. Schmidt, Ph.D.

Projects:

Development and Evaluation of a Web Application Targeting Interpersonal Risk Factors for Suicide

Dates: 2018-2021

Funding Source: Department of Defense Military Suicide Research Consortium (MSRC); W81XWH-10-2-018

Role: Project Manager

Project Description: Randomized controlled trial (RCT) examining the impact of a brief web-based intervention (Building Stronger Allies) targeting interpersonal risk for suicide in an active duty military population.

Duties: Management of documentation for the IRB, Human Research Protections Office (HRPO), and MSRC; supervise research staff at FSU and Ft. Campbell military base; coordinate regular meetings to discuss progress and next steps.

Other Responsibilities: Develop and oversee the execution of research on the etiology, maintenance, and treatment of anxiety and traumatic stress disorders; supervise undergraduate and post-baccalaureate research assistants in the process of data collection, entry, and analysis; manage electronic databases through SPSS; prepare and monitor documents for the IRB; present and disseminate research findings.

**Administrative Specialist**

03/2017-07/2018

National webSTAIR Dissemination Project, VA Palo Alto Health Care System, Menlo Park, CA

Supervisors: Marylene Cloitre, Ph.D. & Kile Ortigo, Ph.D.

Projects:

National webSTAIR Dissemination Project Development & Program Evaluation

Dates: 2017-2022

Funding Source: Department of Veteran Affairs Office of Rural Health: Collaborative Rural Access Solution Funding

Role: Administrative Specialist

Project Description: This is an enterprise-wide initiative focused on implementing the webSTAIR program to serve rural women Veterans through telehealth at 15 healthcare systems across the U.S. The webSTAIR treatment program focuses on skills to improve emotion regulation and interpersonal relationship skills among individuals with trauma and symptoms of posttraumatic stress (PTSD) and/or depression.

Duties: Development of staff organizational system and action item tracking (Trello); management of documentation for the Office of Rural Health, IRB, and VA R&D;

management and analysis of webSTAIR data using Excel, SPSS, and MPLUS software; development of patient tracking forms & provider forms (Excel); coordinating and note taking for meetings; development of procedures manual; conducting critical review of relevant research literature and application of understanding to project procedures and processes; assisting in development and revision of web-material.

**Project Coordinator**

06/2015-03/2017

Substance and Anxiety Intervention Laboratory, VA Palo Alto Health Care System, Menlo Park, CA

Supervisors: Kimberly Babson, Ph.D. & Marcel Bonn-Miller, Ph.D.

Projects:

The Impact of CBT-I on Cannabis Cessation Outcomes

Dates: 2015-2017

Funding Source: Clinical Science Research and Development Career Development Award-2; IK2CX001023-01A1

Role: Project Coordinator

Project Description: Randomized controlled trial (RCT) that sought to examine the role of cognitive behavioral therapy for insomnia (CBT-I) on cannabis use and sleep outcomes among Veterans with cannabis use disorder and insomnia.

Major Duties: Participant recruitment, screening, and scheduling; consenting research participants; database management and analysis using SPSS; tracking follow-up appointments and implementing strategies to reduce attrition; administering structured clinical interviews including Structured Clinical Interview for DSM (SCID); collecting urine samples to verify cannabis use; conduct and monitor sleep assessment using wActiWatch BT monitor Actigraphy system; management of documentation for IRB and Data Safety Monitoring Board.

Other Responsibilities: Assisted with grant preparation, assisted with survey preparation and distribution using Qualtrics Survey Software, trained new lab members and served as a mentor for research assistants, conducted advanced literature searches and reports, planned lab-wide and team specific events, attended and presented at outreach events on behalf of the National Center for PTSD.

**Research Assistant**

01/2013-05/2015

Program for Anxiety, Stress, and OCD; University of Miami, Coral Gables, FL

Supervisor: Kiara Timpano, Ph.D.

Projects:

(1) Disgust Sensitivity Through Phases of the Menstrual Cycle

Project Description: Assessed disgust sensitivity while tracking phases of the menstrual cycle. Also examined symptoms of obsessive-compulsive disorder.

Duties: Conducted study sessions with undergraduate students; administered behavioral approach tasks followed by disgust ratings; recorded and uploaded video footage; entered data using SPSS; implemented strategies to reduce participant attrition.

(2) Collaboration with Bridging Research on Anxiety, Innovations, and Neuroscience (BRAIN) Group

Project Description: Assessed attention and cognitive biases in relation to anxiety symptoms in an undergraduate population.

Duties: Conducted study sessions with undergraduate students; administered computer tasks including the affective flanker and WSAP using E-Prime Software; administered questionnaires using Qualtrics Survey Software; served as a liaison between PASO Lab and BRAIN Group.

### (3) Saving and Acquiring Behaviors Study

Project Description: Examined predictive factors of hoarding behaviors including family history, attentional biases, and cognitive deficits.

Duties: Assisted in revising study protocol; assisted in recruiting participants; created questionnaires in Qualtrics Survey Software; conducted study sessions with both clinical hoarding participants and undergraduates; administered computer tasks using E-Prime Software; organized and maintained study databases in SPSS.

### (4) Emotional Experiences in OCD

Project Description: Online study that examined various emotional experiences including guilt, shame, embarrassment, disgust, and anxiety in relation to symptoms of obsessive compulsive disorder.

Duties: Created questionnaire battery using Qualtrics Survey Software; maintained study database in SPSS; assisted in interpretation of findings.

### (5) Predictive Factors of Social Anxiety and Depression

Project Description: Examined post-event processing, attentional biases, and physiological responses to stress in relation to symptoms of social anxiety and depression.

Duties: Recruited and scheduled participants; designed and administered surveys using Qualtrics Survey Software; assisted in constructing the eye-tracking task to assess attention bias related to emotional and neutral facial expressions using Adobe Photoshop and E-Prime software; administered computer tasks using E-Prime software and Tobii eye tracking software; administered verbal and calculation stress-induction tasks; monitored physiological responses to behavioral tasks using BioLab software; obtained salivary cortisol samples; maintained study databases in SPSS.

Other Responsibilities: Trained lab members in Qualtrics Survey Software and reviewed all surveys before activation; conducted literature reviews; assisted in drafting IRB proposals; drafted study protocols; served as a mentor for new lab members.

## Clinical Experience

### **Anxiety Specialist**

08/2019-Present

Anxiety and Behavioral Health Clinic, Tallahassee FL

Supervisor: Norman B. Schmidt, Ph.D.

Duties: Provide outpatient individual treatment to adults and adolescents with primary anxiety disorders; Administer structured clinical interviews (SCID) and suicide risk assessments to potential clients and research participants; Attend weekly supervision meetings.

### **Psychological Trainee**

08/2019-Present

Florida State University Psychology Clinic, Tallahassee FL



Supervisors: Thomas E. Joiner, Ph.D., Therese S. Kemper, Ph.D., Christina Riccardi, Ph.D., Jessica Ribeiro, Ph.D., & Michael Kofler, Ph.D.

Duties: Provide individual therapy to adults and children from the community using empirically supported treatments for a range of psychological disorders; Administer structured clinical interviews (SCID-5) and provide diagnostic feedback; Conduct emergency suicidality assessments; Conduct ADHD and learning disability assessments; Administer several psychological assessments for various purposes using personality assessments (e.g., MMPI), psychoeducational assessments (e.g., WAIS-IV, WISC-IV), and symptom measures (e.g., BDI-II, BAI); Complete comprehensive psychological reports; Attend weekly supervision meetings and didactic seminars.

**Rebuilding After Trauma Group Co-Facilitator**

03/2020-Present

Florida State University Psychology Clinic, Tallahassee FL

Supervisor: Therese S. Kemper, Ph.D.

Duties: Co-facilitate Cognitive Processing Therapy (CPT) group for survivors of sexual assault via telehealth; Engage in community outreach; Conduct screening appointments.

**Independent Evaluator**

09/2018-Present

National Center for PTSD, VA Palo Alto Healthcare System, Menlo Park CA

Supervisors: Marylene Cloitre, Ph.D. & Ashley Bauer, Psy.D.

Duties: Administration of CAPS-5 assessments for Connecting Women to Care multisite clinical trial.

**Independent Rater**

10/2016-07/2018

MAPS Public Benefit Corporation

Supervisors: Sarah Erb, Ph.D. & Kelly Parker-Guilbert, Ph.D.

Duties: Administration of clinical assessments as requested (i.e. SCID-5, SCID-5-PD, MINI, CAPS-5, DDIS, SDS, DSP-I, and C-SSRS) for multisite clinical trials, participation in training and reliability meetings, and scanning/mailing of assessments.

**Teaching & Mentorship Experience**

**Undergraduate Research Mentor**

08/2019-Present

Florida State University, Tallahassee FL

Duties: Provide training and mentorship to undergraduates interested in pursuing psychology research; assist students in creating a poster presentation for the Undergraduate Research Symposium; attend research mentor training and events

**Advocacy & Outreach Chair**

04/2019-12/2020

Graduate Student Ambassadors, Florida State University, Tallahassee FL

Duties: The graduate student ambassadors provide advising to undergraduate students considering graduate school and facilitate graduate school related workshops and presentations across campus. Advocacy & Outreach Chair is responsible for publicizing events as well as outreach to specific departments, organizations, and student bodies.

**Instructor & Supervisor**

05/2019-05/2020

Directed Independent Study, Department of Psychology, Florida State University, Tallahassee FL

Duties: Manage enrollment into the directed independent study course associated with the Anxiety and Behavioral Health Clinic. Provide instruction and mentorship to undergraduates regarding clinical research. Organize monthly professional development workshops.

**Psi Chi Graduate Student Panel**

Department of Psychology, Florida State University, Tallahassee FL 11/2019  
Duties: Share experience related to graduate school applications, interviews, and experience in Q&A format

**Ask A Grad Student Panel & Networking Event Moderator**

Florida State University, Tallahassee FL 10/2019  
Duties: Event set-up and organization; provide Q&A style responses; moderate panel discussion and discipline specific networking

**Departmental Assistant Orientation**

Department of Psychology, Florida State University, Tallahassee FL 08/2019  
Duties: Didactic presentation on departmental duties and resources; serve as a point of contact for new departmental assistants

**Graduate Student Advisor**

Department of Psychology, Florida State University, Tallahassee FL 08/2018-12/2018  
Duties: Work with the advising office to provide guidance and resources to undergraduate students, interested in pursuing a graduate degree in Psychology.

**Awards and Honors**

Florida State University Congress of Graduate Students Conference Presentation Grant (\$200)	11/2018; 11/2019; 11/2020
Florida State University Graduate Research Development Award (\$600)	11/2019
University of Miami Research Creativity and Innovation Forum Poster Award	03/2015
University of Miami PRIME Summer Research Scholarship (\$2,000)	05/2014
Phi Beta Kappa Academic Honor Society	02/2014-05/2015
Rho Lambda Panhellenic Honor Society	01/2014-05/2015
Psi Chi International Honor Society in Psychology	08/2013-05/2015
Gamma Sigma Alpha National Greek Honor Society	01/2012-05/2015

**Professional Affiliations**

Member, Association of Behavioral and Cognitive Therapies	09/2018-Present
Member, International Society for Traumatic Stress Studies	11/2016-Present
Member, Anxiety and Depression Association of America	12/2016-12/2017

**Professional Training**

<b>Advanced Beginner Motivational Interviewing Workshops</b>	06/2020-08/2020
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Workshop series conducted by Therese Kemper, Ph.D. at Florida State University

**Helping Clients Transition to the New Normal** 06/2020

Webinar conducted by Amelia Aldao, Ph.D. through the Association of Behavioral and Cognitive Therapies (ABCT), focused on challenges and therapeutic techniques for treating clients during the COVID-19 pandemic.

**Beginner Motivational Interviewing Workshop** 08/2019

Workshop conducted by Therese Kemper, Ph.D. at Florida State University

**Cognitive-Behavioral Therapy Workshop** 03/2019

Workshop conducted by Steven Hollon, Ph.D. at Florida State University

**Multicultural Enhancement Training** 11/2017-07/2018

Participated in ongoing Multicultural Enhancement Training, specific to understanding cultural psychology for the purposes of clinical assessment and therapy under the direction of Chad Wetterneck, Ph.D.

**Advanced MINI Training** 10/2017-07/2018

Received two-step training in MINI conducted by Kelly Parker-Guilbert, Ph.D.. Training included didactic instruction and mock administration. Training was followed by continuous reliability review & supervision.

**Advanced CAPS-5 Training** 08/2016-07/2018

Received three-step training in CAPS-5 conducted by Sarah Kleiman Erb, Ph.D. within the National Center for PTSD. Training included didactic instruction, rating video-recorded interviews, and mock administration. Training was followed by continuous reliability review & supervision.

**Advanced SCID-5-PD Training** 08/2016-07/2018

Received training in SCID-5-PD conducted by Sarah Kleiman Erb, Ph.D. through the National Center for PTSD. Training included didactic instruction and videos. Training was followed by continuous reliability review & supervision.

**Advanced SCID-5 Training** 08/2015-07/2018

Received advanced training in SCID-5-RV under the supervision of Kimberly Babson, Ph.D. through the National Center for PTSD. Training included didactic instruction, observation of interviews conducted by Dr. Babson, practice scoring, and practice administration. Training was followed by continuous supervision.

**Professional Activities**

**Ad Hoc Journal Reviewer**

Addictive Behaviors (2016)

Behavioral Sleep Medicine (2015)

Behaviour Research and Therapy (2016)

British Journal of Clinical Psychology (2020)

British Journal of Guidance and Counseling (2019)

Clinical Psychological Science (2015, 2016)  
Cognitive Therapy and Research (2016)  
Journal of Affective Disorders (2015, 2021)  
Journal of Anxiety Disorders (2020)  
Journal of Anxiety, Stress, and Coping (2015)  
Journal of Counseling and Clinical Psychology (2015, 2016)  
Journal of Psychiatric Research (2016)  
Psychology of Addictive Behaviors (2015)  
Psychological Trauma: Theory, Research, Practice, and Policy (2021)  
Scientific Reports (2019)  
Stress and Health (2016)

**Consultant**

12/2017-10/2019

Zynerba Pharmaceuticals

Supervisors: Marcel Bonn-Miller, Ph.D. & Donna Gutterman, Pharm.D.

Duties: Data input and database management as requested. Management of contractors on data entry team, including distribution of assignments and task tracking

**Service to the Community**

Out of the Darkness Walk

10/2016-04/2019

American Foundation for Suicide Prevention, Florida State University, Tallahassee, FL

Duties: Registered a team and fundraised for the on-campus walk. Volunteered to help with set-up. Assisted in promoting on-campus awareness for suicide prevention efforts.

American Foundation for Suicide Prevention, San Jose, CA

Duties: Set up and represented National Center for PTSD at a table during the event. Handed out pamphlets and assisted in connecting Veterans and families with appropriate resources.