**CURRICULUM VITAE**

**KENNA R. EBERT**

(479) 435-3404 **|** kennaebert@gmail.com | Tallahassee, FL

**EDUCATION**

08/2018 - 12/2021 **Cornell College**, Mount Vernon, IA

Bachelor of Arts in Psychology

Minors: Applied Statistics, Spanish

*Summa Cum Laude*

GPA: 4.0

**RESEARCH EXPERIENCE**

06/2022 - Present **Research Assistant**

 Anxiety and Behavioral Health Clinic

 *Department of Psychology, Florida State University*

 Supervisor: Norman Schmidt, PhD

* Assist with recruitment, implementation, and scheduling for various anxiety and trauma related research studies
* Conduct diagnostic interviews (e.g., SCID-5, MoCA, Suicide Risk Assessment, Homicide Risk Assessment)
* Create and manage large databases using Excel and SPSS
* Create and maintain lab surveys in Qualtrics
* Program and revise web-based interventions utilizing Vyond Animation Software
* Assist with physiological data collection (e.g., EEG)
* Supervise undergraduate research assistants
* Participate in weekly lab and supervision meetings

05/2021 – 07/2022 **Research Assistant**

 NIU Anxiety Disorders Research Lab

 *Department of Psychology, Northern Illinois University*

 Supervisor: David Valentiner, PhD

* Created guide for climate change action readiness and developed a novel coding system based on the stages of change model
* Began development of a metacognition-based intervention for OCD and PTSD
* Conducted statistical analyses using IBM SPSS
* Participated in weekly laboratory and supervision meetings

09/2021 - 05/2022 **Research Assistant**

 Green Research Institute

 *Green Counseling Services*

 Supervisor: Melinda Green, PhD

* Conducted and trained research assistants in mediation analyses using IBM SPSS
* Identified and wrote descriptions of various measures of interest, including trait self-objectification and treatment adherence, included in a grant proposal for a novel eating disorder treatment research grant
* Conducted literature searches
* Participated in weekly laboratory meetings

05/2020 - 08/2020 **Research Assistant**

Distress, Anxiety, and Trauma Disorders Laboratory

 *Southeast Louisiana Veterans Health Care System (SLVHCS)*

 Supervisor: Amanda M. Raines, PhD

* Entered and cleaned data using Excel and SPSS
* Revised research-related materials (e.g., measures of trauma and depression)
* Performed literature searches
* Participated in weekly supervision meetings

09/2019 - 05/2021 **Research Assistant**

 Cornell College Eating Disorder Institute

*Department of Psychology, Cornell College*

 Supervisor: Melinda Green, PhD

* Assisted in data collection and data analysis for projects examining efficacy of two dissonance-based prevention and intervention programs for eating disorder populations
* Rated performance of treatment group facilitators
* Collected physiological data using electrocardiogram (ECG) with BIOPAC Hardware
* Analyzed ECG and heart rate variability (HRV) cardiac indices using LabChart
* Performed descriptive and inferential statistical tests via IBM SPSS
* Assisted with grant application writing process

**PUBLICATIONS**

Valentiner, D., **Ebert, K.**, Graham, A., Heroldt, K., Mounts, N., & Jones, H. (Under Review). Assessing climate change attitudes*.*

Ennis, C. R., Raines, A. M., **Ebert, K. R.**, & Franklin, C. L. (2021). Anxiety sensitivity and posttraumatic stress symptoms: Associations among female Veterans with a history of military sexual trauma. *Military Psychology*, 1-6. <https://doi.org/10.1080/08995605.2021.1962188>

**PRESENTATIONS**

**Ebert, K.**, Valentiner, D., Graham, A., Heroldt, K., Mounts, N., & Jones, H. (May 2022). *Development and Initial Validation of the Climate Action Readiness Index (CARI)*. Poster presented at the Association for Psychological Science Conference 2022 Annual Conference.

Graham, A., Valentiner, D., Heroldt, K., **Ebert, K.,** Mounts, N., & Jones, H. (2022). *Social Dominance Orientation and Climate Information Processing: Threat to Self-Esteem.*Poster presented at the Association for Psychological Science 2022 Annual Conference.

**Ebert, K.R.** & Neese, S. (November 2021). *Anxiety Sensitivity and Obsessive-Compulsive Disorder: Relationships, Outcomes, and Treatments.* Poster presented at the annual Tri-State Undergraduate Psychology Conference.

**Ebert, K.R.**, McGrew, S.J., Franklin, C.L, & Raines, A.M. (April 2021). *Associations between rumination subscales and OCD symptom dimensions among veterans.* Poster presented at the annual Cornell College Student Symposium.

Green, M., Sage, E., Hartman, M., **Ebert, K.**, Maniacci, E., Paule, G., Spiziri, V., Peng, Y., & McNeil, S. (April 2021). *Clinical trial of an expanded dissonance-based eating disorder treatment program.* Paper presented at the Midwest Psychological Association 2021 Annual Conference.

**CLINICAL EXPERIENCE**

06/2022 - Present **Clinic Coordinator**

Anxiety and Behavioral Health Clinic

*Department of Psychology, Florida State University*

Supervisor: Norman Schmidt, PhD

* Conduct phone screenings with potential clients
* Coordinate client intake by obtaining client consent, scheduling intake appointments, and administering and scoring intake self-report measures
* Manage treatment-related databases using Excel and SPSS

01/2022 - 06/2022 **Youth Service Worker II**

 Inpatient Services

*Tanager Place, Cedar Rapids, IA*

* Directly supervised adolescent clients using trauma sensitive interventions and de-escalation techniques
* Worked in crisis situations
* Closely interacted with clients with intellectual and developmental disabilities
* Conducted group check-in sessions with clients
* Certified in the Mandt System and Ukeru

**LEADERSHIP AND SERVICE EXPERIENCE**

08/2021 - 12/2021 **Vice President**

 *National Alliance on Mental Illness, Cornell College*

* Advised president in conducting weekly meetings including up to 15 members
* Organized and executed mental health awareness projects, including stress relief kits and psychology student-faculty meet and greets

12/2020 - 09/2021 **Orientation Coordinator**

 *New Student Orientation, Office of Student Life, Cornell College*

* Organized hiring and training of 32 orientation leaders for New Student Orientation
* Scheduled New Student Orientation and related events
* Supervised flock leaders and addressed emergencies and concerns

08/2020 - 12/2021 **Peer Consultant**

*Quantitative Reasoning Studio, Cornell College*

* Tutored undergraduate students in math and statistics
* Established office hours and scheduled regular review sessions
* Created review session materials and led sessions

08/2022 - 05/2021 **LEADS**

*Leadership, Entrepreneurship, and Distinctive Service (LEADS), Cornell College*

* Participated in regular leadership trainings and workshops
* Training included emotional intelligence, team cohesiveness, and decision making

**AWARDS AND HONORS**

05/2021 - Present Phi Beta Kappa, National Honor Society, *Member*

05/2020 - Present Psi Chi, International Honor Society in Psychology, *Acting President, Secretary*

05/2021 Cornell College Ingenuity in Action Internship Funding ($750)

04/2021 Cornell College Berry Career Institute Conference Funding, *Midwest Psychological Association*

05/2020 Cornell College Ingenuity in Action Internship Funding ($2,000)

**PROFESSIONAL AFFILIATIONS**

12/2021 - Present Association for Psychological Science, *Student Member*

06/2020 - Present Arkansas Psychological Association, *Student Member*

**RELATED SKILLS**

* Proficient in SPSS, Minitab, R, Microsoft Suite, Qualtrics
* Spanish (Intermediate proficiency)
* Trained in the Mandt System and Ukeru

**REFERENCES**

Norman B. Schmidt, PhD

Professor and Department Chair

Department of Psychology

Florida State University

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Steven Neese, PhD

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Bill Dragon, PhD

Professor

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Amanda M. Raines, PhD

Research Psychologist

Southeast Louisiana Veterans Health Care System

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Melinda Green, PhD

Director

The Green Research Institute and Chief Executive Office

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David Valentiner, PhD

Professor

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